



2012 is the beginning of a Great Era --
give yourself the gift of Tools to Support the Transition!

Classes with Ellen Meredith, DA, EEM-AP

San Diego, California

March 10-11, 2012

May 19-20, 2012

Gatekeeper and Cosmic Reset

Two back-to-back one-day classes:

Ellen Meredith's **GATEKEEPER (first day)** material offers a new, larger paradigm for understanding and working with your physical, emotional, and spiritual immune system.

This workshop covers the role of the body's polarities in immune reactions, offers a protocol designed to re-set the body's "gating", and teaches a system of energetic circuit breakers called the "Halos and Polarity Plates".

COSMIC RESET (second day): With the shifting energy vibration of the planet at this time, many sensitive individuals are finding that they have been hit with a "cosmic whack". They may feel spacy and disoriented, or just out of synch with themselves and their life story. The familiar Eden Energy Medicine tools don't seem to work to bring them back into clear focus.

This one-day workshop incorporates a number of tools to re-orient you (or your client) in time and space. Each tool can be used as a stand-alone to address a number of issues within the context of Eden Energy Medicine.

Storyline Track and Balance

A two-day class with practicum:

This weekend workshop offers tools for clearing templates from the Habit Field – those energetic blueprints that tell your body's energies how to behave and that keep you stuck in the same-old patterns of thinking, attracting energies, reacting to situations, and funding energies to your mind-body.

The Storyline Track and Balance technique can be used for clearing persistent physical problems, as well as emotional and social behaviors. This technique allows you to clear old habits and plant the seeds for new ones. It offers a form of regression work that allows you to carry out Energy Medicine in the part of the person's energy archive where it is needed, leading to deeper and more far-reaching shifts.



Venue: Kensington Area, San Diego

Times: 9-5:00, Saturday and Sunday

Cost: \$250 per weekend

Registration or info: Ellen Meredith
hmp@listening-in.com



Ellen Meredith is an Eden Energy Medicine Advanced Practitioner, medical intuitive, conscious channel and member of the EEM Certification Program Faculty. She is a dynamic and exciting teacher who offers creative new tools to support healing, wholeness, and empowered living.